

STEVEN ELLIOT REISLER, Psy.D., PA
Licensed Psychologist, PY 7338

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EDUCATION

Doctor of Psychology (Psy.D), Clinical Psychology

Nova Southeastern University (APA Accredited)
Directed Study: Perceived burden and coping strategies employed by in-home family caregivers of Alzheimer's patients
Academic Advisor: John E. Lewis, Ph.D.
Degree Awarded: July 2004

Master of Science, Clinical Psychology

Nova Southeastern University (APA Accredited)
Academic Advisor: John E. Lewis, Ph.D.
Degree Awarded: June 2001

Ph.D. Candidate, Clinical Psychology

Concordia University (APA Accredited)
Completed 23 credits towards degree; withdrew from program (personal/financial reasons)
09/94 - 06/95

Master of Arts, Educational Psychology (with clinical component)

McGill University (APA Accredited)
Thesis: Coping strategies employed by in-home family caregivers of Alzheimer's patients
Thesis Supervisor: William M. Talley, Ph.D.
Degree Awarded: August 1994

Bachelor of Arts (Honors), Psychology

Carleton University
Honors Thesis: Predictors of institutionalized elder abuse: Paid versus volunteer staff perceptions
Thesis Supervisor: Elinor J. Burwell, Ph.D.
Degree Awarded: June 1992

LICENSURE AND CERTIFICATIONS

State of Florida Department of Health Division of Medical Quality Assurance

Licensed Clinical Psychologist
License # PY 7338, June 2006-Present

Order of Psychologists of the Province of Quebec

Licensed Psychologist
License No. 09427-02, March 2002–March 2010

Primary Certificate in Rational Emotive Behavior Therapy

- Attended a 2 ½ -day training program in REBT, May 2001

CLINICAL EXPERIENCE

Licensed Psychologist

Steven Reisler, Psy.D., P.A., June '06 to Present

Responsibilities:

- Providing individual, group, family, and couples counseling to adolescents and adults in an outpatient private practice setting; specializing in Men's Issues, Health Psychology, Stress Management, Familial Conflict, Coping with Loss, Life Change Adjustment, Depression and Anxiety Disorders, & Dual Diagnosis.
- Providing individual counseling to elderly individuals.
- Providing forensic, personality, intellectual and achievement tests to children, adolescents, and adults.
- Conduct Vocational Rehabilitation evaluations and psychotherapy.
- Providing pain management to chronic pain sufferers in an outpatient setting.
- Working towards State of Florida Certification as a Gambling Addictions expert.
- Conduct bereavement groups.
- Providing supervision to Post-Doctoral Residents in Psychology for licensure
- Past Affiliate Member of Collaborative Family Lawyers of South Florida, Inc.

School Psychologist (3 month contract position at Life Skills Center – Atlantic)

Partners for Success and Innovation (PSI Solutions), February '06 to April '06

Responsibilities:

- Provided individual and family counseling to at-risk High School students in an alternative charter High School setting.
- Conducted intellectual, achievement and behavioral assessments.
- Consulted with High School faculty.
- Participated in IEPs.

Consultant and Trainer

ManagementWORKS Consulting Group, Inc, February '06 to February '08

Responsibilities:

- Providing consulting to midsize and large corporations.
- Facilitating corporate trainings and executive retreat workshops.

Therapist/Psychology Resident

Weston Psychological Associates, June '05 to June '06

Responsibilities:

- Provided individual counseling to adults in an outpatient private practice setting.

Therapist and Case Manager/Post-Doctoral Resident

Three Springs, The Elaine Gordon Treatment Center, March '05 to November '05

Responsibilities:

- Provided individual and group counseling to adjudicated juveniles in a residential treatment facility.
- Provided family counseling
- Coordinated masters and doctoral level practicum students
- Participated in weekly diagnostic and assessment seminars
- Responsible for case management, including correspondence with judges, probation officers, aftercare treatment, families, and court dates.

Temporary Licensed Psychologist, Kansas

Clinical Associates, P.A., July '04 to October '04

Responsibilities:

- Provided individual and group counseling to adolescents.
- Provided substance abuse/addictions counseling to adolescents and adults with concurrent disorders.
- Conducted mental status and other personality assessments.
- Provided feedback to clients and their families regarding assessment outcomes.
- Researched and wrote grants to secure federal and state funding for mental health services.

Predoctoral Intern

University of Missouri – Columbia Counseling Center, August '03-July '04 (APA Accredited)

Responsibilities:

- Engaged in short-term and long-term individual counseling.
- Conducted Biofeedback and Stress management counseling, including pain management.
- Engaged in couples counseling.
- Co-facilitated a weekly interpersonal therapy group.
- Co-facilitated a weekly psychoeducational enhancing romantic relationship group with Employee Assistance Program clients.
- Facilitated a weekly meditation group.
- Conducted two intake assessments per week.
- Provided weekly supervision to Master's level practicum students.
- Provided crisis intervention during office hours.
- Participated in weekly team case disposition meetings.
- Participated in weekly Biofeedback & Stress Management Clinic meetings.
- Developed and presented psychoeducational outreach programs to student and employee audiences, with emphasis on Stress management, Health Psychology Issues, and Substance Abuse/Addictions.
- Participated in weekly individual supervision for individual, group, and couples counseling.
- Participated in three hours of training seminars each week.

Coordinator, NSU Student Counseling Center

NSU Student Counseling Services, Nova Southeastern University, May '02–July '03

Responsibilities:

- Provided long-term individual counseling.
- Provided long-term couples counseling.
- Conducted one to two intake assessments weekly.
- Provided crisis intervention during office hours.
- Developed, coordinated, and conducted psychoeducational outreach programs to student audiences, with emphasis on Stress management, Health Psychology Issues, and Substance Abuse/Addictions.
- Provided consultation services to various university departments.
- Coordinated and supervised seven Doctoral level practicum therapists and two intake clinicians.
- Responsible for case disposition.
- Responsible for day-to-day activities of clinic, including budgeting.
- Led bi-weekly staff meeting.
- Conducted chart reviews.

Practicum Therapist

NSU Student Counseling Services, Nova Southeastern University, May '01–May '02

Responsibilities:

- Provided short-term and long-term individual therapy.
- Provided short-term and long-term couples counseling.

- Provided long-term family therapy.
- Conducted one to two intake assessments monthly.
- Conducted personality assessments.
- Provided crisis intervention during office hours.
- Developed and conducted psychoeducational outreach programs to student audiences, with emphasis on Stress management, Health Psychology Issues, and Substance Abuse/Addictions.
- Received weekly individual and group supervision.

Psychology Extern

University of Miami/Jackson Memorial Hospital, Renal Dialysis Unit, August '01-May '02

Responsibilities:

- Provided brief individual therapy to clients who were undergoing outpatient Renal Dialysis.
- Performed intake evaluations and assessments.
- Participated in case presentations and attended medical rounds.
- Received weekly individual and group supervision.

Psychology Extern

NSU Community Mental Health Center, Nova Southeastern University, August '01-May '02

Responsibilities:

- Provided weekly individual therapy to a client with Multiple Sclerosis.
- Conducted weekly group "Coping with Multiple Sclerosis"
- Provided crises intervention as needed.
- Received individual supervision.

Clinical Graduate Assistant

Skills Training and Enhancement Program (STEP), NSU CMHC, July '01-July '02

Responsibilities:

- Co-facilitated weekly psychoeducational groups on anger management, assertiveness training, co-dependency, current events, depression management, positive thinking, remotivation, self-esteem, smoking cessation, and stress management.
- Provided psychosocial rehabilitation and basic living skills.
- Responsible for preparing and editing psychoeducational modules; record keeping, and filing documents.

Practicum Therapist

Nova Community Clinic for Older Adults (NCCOA), Nova Southeastern University, May '00-May '01

Responsibilities:

- Provided short-term and long-term individual therapy.
- Conducted intake evaluations.
- Co-facilitated a weekly interpersonal therapy group.
- Co-facilitated an 8-week stress management workshop.
- Received weekly individual and group supervision.

Weekend Shift Supervisor

Geriatric Institute Residence, Nova Southeastern University, August '99-June '00

Responsibilities:

- Conducted a weekly psychoeducational/interpersonal therapy group.
- Supervised weekend Mental Health Technician (MHT) staff.
- Provided crisis intervention.
- Provided weekly supervision to practicum students.

- Coordinated weekend activities for residents.
- Participated in weekly multidisciplinary team meetings.

Practicum Therapist

Concordia University, October '94-June '95

Responsibilities:

- Provided weekly individual therapy.
- Received weekly individual and group supervision.

Clinical Intern

Geriatric Services, Douglas Hospital, August '93-May '94

Responsibilities:

- Conducted personality assessments with inpatient clients.
- Conducted neuropsychological and basic screening evaluations with outpatient clients.
- Provided short-term individual therapy.
- Co-facilitated weekly interpersonal process groups.
- Conducted home visits/evaluations and family consultations.
- Participated in multidisciplinary treatment meetings and case presentations.
- Received individual supervision weekly.

TEACHING AND OTHER WORK EXPERIENCE

Adjunct Professor-Introduction to Psychology; Strategies for Success; Critical Thinking

Keiser College, October '04 – October '06

Responsibilities:

- Responsible for curriculum, lecturing, preparing and grading assignments for undergraduate level students.
- Member of SACS accreditation committee

Adjunct Professor-Strategies for Success

Keiser Career College, February '06

Responsibilities:

- Responsible for curriculum, lecturing, preparing and grading assignments for undergraduate level students.

Adjunct Professor-Essential Counseling Skills

Avila University, August '04 - October '04

Responsibilities:

- Responsible for developing and implementing curriculum, lecturing, preparing and grading assignments for graduate level students in Counseling Psychology.

Teaching Assistant-Projective Personality Assessment

Center for Psychological Studies, Nova Southeastern University, January '03-May '03

Responsibilities:

- Aided in instructing approximately 25 doctoral students on the fundamentals of projective personality assessment.
- Instituted a remedial lecture series focusing on scoring and interpreting the Rorschach Ink Blot Test according to the Exner scoring system.
- Developed and graded assignments.

Teaching Assistant-Integrated Report

Center for Psychological Studies, Nova Southeastern University, August '02-December '02

Responsibilities:

- Aided in instructing third year doctoral students on how to integrate an assessment battery into a psychological report.
- Helped lead class discussions.
- Prepared and graded assignments

Teaching Assistant-Projective Personality Assessment

Center for Psychological Studies, Nova Southeastern University, January '02-May '02

Responsibilities:

- Aided in instructing approximately 25 doctoral students on the fundamentals of projective personality assessment.
- Instituted a remedial lecture series focusing on scoring and interpreting the Rorschach Ink Blot Test according to the Exner scoring system.
- Developed and graded assignments.

Teaching Assistant-Intermediate Statistics

Center for Psychological Studies, Nova Southeastern University, May '01-July '01

Responsibilities:

- Assisted in the instruction of second and third year doctoral students.
- Supplemented professor's explanation of course material and met individually with students for tutorial sessions.
- Prepared and graded assignments.

Managing Editor- Center for Psychological Studies Newsletter

Center for Psychological Studies, Nova Southeastern University August '00-July '01

Responsibilities:

- Conducted interviews, prepared manuscript, wrote and edited articles.
- Liaised between Dean's office, faculty, students, and alumni.

Teacher-English as a Second Language

Communications Anima and ELAM Language Schools, Montreal, Canada, January '98-July '99

Responsibilities:

- Taught Business English to French, Italian, and Hispanic adults and helped them to gain more confidence and proficiency in English.
- Developed curriculums, lesson plans, and graded assignments.

Teacher-English as a Second Language

Jung Chul Interlab Language School, Ilsan, South Korea, June '96-September '97

- Taught English to Korean children and adults
- Developed curriculums, lesson plans, and graded assignments.
- Supervised teachers.
- Interviewed prospective teachers and advised school director on hiring practices.

Teaching Assistant-Psychological Statistics II

Concordia University, January '95-May '95

Responsibilities:

- Assisted in the instruction of 2nd and 3rd year undergraduate students.
- Responsible for computer laboratory portion of course. Lectured, prepared and graded assignments.

ADVISORY BOARDS

The Toby Center

Clinical Advisory Board, August '11 to August '12

- Advisory Board Member

The Palm Beach Institute

Clinical Advisory Board, January '07 to January '09

- Advisory Board Member

Kids Helping Kids In America

A Family and Teen Community Service Center, April '06 to April '07

- Advisory Board Member

VOLUNTEER/COMMUNITY SERVICE EXPERIENCE

Whitehall of Boca Raton, April '07

- Developed a series of lectures/in-services providing sensitivity and multi-cultural training to staff.
- Guest Speaker for Cardiac patients.

Anti-Defamation League - Glass Leadership Institute, January '07 to January '08

- Participate in a leadership class designed to provide a base of knowledge to combat anti-Semitism and all forms of hatred and prejudice.

Critical Incident Stress Debriefing

University of Missouri-Columbia Counseling Center, November 4, 2003

- Participated in a stress debriefing in a Residence Hall following the death of a Resident Advisor.

Take Back The Night

NSU Student Counseling Services in partnership with Residential Life, Nova Southeastern University, January 2003

- Helped coordinate and plan event.
- Provided crisis intervention/support.

Critical Incident Stress Debriefing

NSU Student Counseling Services in partnership with Residential Life, Nova Southeastern University, September 2002

- Participated in a multidisciplinary stress debriefing in the Undergraduate residence following a campus "gang rape."

National Depression Screening Day – Screener/Therapist

Nova Southeastern University, October 2001 and October 2002

- Provided psychoeducational material and conducted screenings for individuals interested in learning more about their emotional state, in particular depression and PTSD.
- Provided appropriate referrals to community mental health agencies.

Trauma Resolution Debriefing and Rap Session - Quilt of Hope

NSU Student Counseling Services in partnership with Residential Life, Nova Southeastern University, September 2001

- Participated in debriefing of undergraduate students.
- Held informal "rap" sessions and activities in the residence halls to provide support and help students express their thoughts and feelings after the terrorist attacks on September 11, 2001.

Volunteer Big Brother

Big Brothers and Big Sisters of America, July '01-November '02

- Mentored a 7-year-old African-American boy with emotional difficulties and a history of sexual abuse.

Friendly visiting with frail elderly

Jewish Support Services for the Elderly, June '94-June '95

- Visited with frail elderly in the Montreal area biweekly to provide support and social stimulation through conversation and discussion of current events.

OUTREACH AND CONSULTATION EXPERIENCE

Organized and delivered outreach presentations on a variety of topics including:

35 Stress Management Workshops

- Organized and conducted workshops that emphasized stress management and anxiety reduction techniques.
- Audiences included: undergraduate students, medical students, underrepresented minorities, Greek Life, Resident Advisors, and university employees.

4 Coping with Loss: A Psychologist's Role Workshops

- Conducted 1-day workshops with community-based clients coping with Multiple Sclerosis.

3 Test Anxiety Workshops

- Conducted workshops on managing test anxiety with a variety of student groups, including: medical students, undergraduate students, and underrepresented minorities.

2 Introduction to Biofeedback Seminars

- Presented information on the applications of Biofeedback to graduate students in Counseling Psychology.
- Demonstrated EEG, temperature, and skin conductance Biofeedback.

2 Assertive Communication Workshops

- Conducted workshop with second year medical students.
- Discussed effective listening skills and three types of assertive communication: Empathetic, simple, and confrontive.

Motivational Speaking Consultation and Presentation

- Consulted with the Engineering Department on ways to motivate first year engineering students who were on academic probation.
- Conducted a motivational seminar with a first year engineering class who were on academic probation.

Study Skills Workshop

- Conducted in a workshop that emphasized study skills and time management techniques.

Communication Workshop

- Conducted a workshop promoting communication and interpersonal skills.

Coping with Long Distance Relationships Workshop

- Conducted a workshop with at-risk college freshman.
- Discussed strategies for adjusting to college.

Sex and Intimacy Workshop

- Conducted a workshop to a university-based population promoting intimacy and healthy relationships.

Cycles of Abuse: Domestic Violence in Perspective

- Conducted a workshop on domestic violence to both a university-based population and the larger Broward County community.
- Participated in a “Gorilla Theater” to demonstrate the cycles of abuse, which included power and control, escalation, violence, and apology.

Psychological Factors in Aging Lecture

- Presented a general overview of the psychology of aging and geriatric mental health concerns to doctoral students in the school of Optometry.
- Lecture included information on pathological versus normal aging changes, environmental, behavioral, emotional, cognitive, and physical influences, as well as instruction on administering mental status screening tests (e.g., MMSE) and making appropriate referrals.

Coping With Aphasia Workshop

- Conducted a 1-day workshop on coping and stress management techniques to a group of individuals with Aphasia and their caregivers.

IN THE MEDIA

CBS-12 West Palm Beach, FL 7/19/2009

Interview with Ben Becker, Weekend Anchor
“Domestic Violence Against Men”

SCHOLARLY WORK AND PROFESSIONAL PRESENTATIONS

Reisler, S., Richmond, K., Vaughn, L., & Schneider, B. A. (2003, June). Factors that influence university counseling center attendance rates: Preliminary findings. Poster presented at the Annual Meeting of the Florida Psychological Association, Hutchinson Island, Florida.

Reisler, S. (2002). Perceived burden and coping strategies employed by in-home family caregivers of Alzheimer’s patients. Unpublished Manuscript, Nova Southeastern University.

Reisler, S., Mleko, A., Schweitzer, M. M., & Kelleher, W.J. (2001, August). Intelligence, depression, and anxiety measures for an elderly outpatient population. Poster presented at the 109th Annual Meeting of the American Psychological Association, San Francisco.

Mleko, A., Schweitzer, M. M., Reisler, S., & Kelleher, W.J. (2001, August). Convergent validity of the Geriatric Depression Scale in the elderly. Poster presented at the 109th Annual Meeting of the American Psychological Association, San Francisco.

Mleko, A.L., Espe-Pfeifer, P., Escalona, A.M., Reisler, S., Greene, L., Marsh, J., Mahrou, M.L., & Golden, C.J. (2001, August). Executive functioning and ethnicity in a pediatric neuropsychological population. Poster presented at the 109th Annual Meeting of the American Psychological Association, San Francisco.

Reisler, S. (1994). Coping strategies employed by in-home family caregivers of Alzheimer’s disease. Unpublished master’s thesis, McGill University.

Rejskind, J., Reisler, S., & Beaudoin, L. (1994, November). Inquiry interest in university science students. Paper presented as part of a “Symposium on inquiry: Where ideas come from - Where they lead” at the Annual Meeting of the National Association for Gifted Children, Salt Lake City, Utah.

Klein, C., Pasto, L., Leeb, R., Reisler, S., Bennett, A., & Derevensky, J.L. (1993, August). Adolescents’ sexual activity: An examination of knowledge, practices and fears. Poster presented at the Annual Meeting of the American Psychological Association, Toronto.

Reisler, S., Klein, C., Pasto, L., Leeb, R., Bennett, A., & Derevensky, J.L. (1993, August). Fears among an elderly population: An examination of sociodemographic factors. Poster presented at the Annual Meeting of the American Psychological Association, Toronto.

Reisler, S., Klein, C., Pasto, L., Leeb, R., & Derevensky, J.L. (1993, May). Expressed fears of the elderly: A life-span perspective. Poster presented at the Annual Meeting of the Canadian Psychological Association, Montreal.

Rejskind, J., Reisler, S., & Beaudoin, L. (1993, June). Using decision trees to study educational decisions. Paper presented at the Annual Meeting of the Canadian Society for Studies in Education, Ottawa.

Reisler, S. (1992). Predictors of institutionalized elder abuse: Paid versus volunteer staff perceptions. Unpublished honor’s thesis, Carleton University.

ACADEMIC HONORS

Travel Award

Center for Psychological Studies, Nova Southeastern University (August, 2001)
 Granted for presentation at the 109th Annual American Psychological Association Conference, San Francisco, CA

Deans' Honors List Department of Psychology, Carleton University (1992)

PROFESSIONAL AFFILIATIONS

American Psychological Association

Member - 2004 to 2010
 Student Affiliate - 1992 to 2004

Florida Psychological Association

Member – 2006 to 2008
 Student Affiliate – 2002 to 2003

Canadian Psychological Association

Student Affiliate - 1992 to 2004